

Xovxwm Tseem Ceeb Ruea

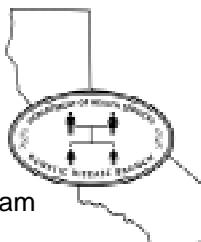
Cov Namtxiv

Has Ncig Txug Kev Ntsuag Kaabmob Ntawm Cov Mivnyuas Yug Tshab



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HMONG 1995

Qhov Kev Ntsuag Kaabmob Kws Koj Tug Mivnyuas Yug Tshab Yuav Tsum Muaj

Tom qaab kws koj yug tau koj tug mivnyuas, nwg yuav raug tso ntshaav moog ntsuag kaabmob. Nyob huv lub xeev California, luas txuj cai has tas txhua tug mivnyuas kws yug tshab yuav tsum raug tso ntsaav moog ntsuag rua:

- PKU
- Galactosemia
- Hypothyroidism
- Sickle Cell Disease hab lwm yaam Hemoglobin Diseases kws yog kaabmob nyob rua huv cov ntshaav

Tsi taag le ntawd, koj yuav tsum coj koj tug mivnyuas moog ntsib cov kws khumob quas ntshis saib nwg puas muaj lwm yaam kaabmob hab.

Ncu Saib Koj Tug Mivnyuas Puas Tau Raug Tso Ntshaav Moog Ntsuag Kaabmob

Cov mivnyuas yug tshab kws yeej zoo le tsi muaj mob le los yeej tseem muaj tau ib yaam kaabmob kws has taag lug nuav. Twb yog le ntawd, koj tug mivnyuas mog txhaj le yuav raug tso ntshaav moog ntsuag ua ntej nwg tawm huv tsev khumob moog. Nug koj tug kws khumob saib koj tug mivnyuas puas tau raug tso ntshaav moog ntsuag kaabmob.

Cov mivnyuas kws tsi yog yug huv tsev khumob los yuav tsum raug tso ntshaav moog ntsuag tuab yaam. Txhua tug mivnyuas mog yuav tsum raug tso ntshaav moog ntsuag kaabmob ua ntej nwg muaj rau nub. Hu koj tug kws khumob los yog tom tsev khumob es coj koj tug mivnyuas moog tso ntsaav ntsuag kaabmob.

Qhov Ntsuag Ntsaav Nuav Tso Sab Tau

Luas tsuas yuav ob peb ncos ntshaav ntawm koj tug mivnyuas lub lauj taw xwb. Qhov nuav yog

ib qhov yooj yim hab tso sab tau. Cov ntshaav ntawd maam le raug xaa moog rua cov chaw tshawb nrhav kaabmob (laboratory) kws lub xeev nuav pum zoo ntsuag.

Tug Nqe Yog Raug Pes Tsawg?

Yog koj xaav paub said tug nqe ntsuag ntshaav yog raug le caag, nug koj tug mivnyuas tug kws khumob los yog nug moog rua tom tsev khumob. Yog koj muaj medi-Cal los yog lwm yaam insurance, puab yuav paab them cov nqe nuav.

Yuav Ua Caag Kuv Txhaj Paub Tau Tas Kuv Tug Mivnyuas Cov Ntshaav Zoo Le Caag?

Moog nug tom koj tug kws khumob los yog tom qhov chaw kws xaa koj moog ntsuag ntshaav. Nwg yuav siv sijhawm kwyyees le kaum plaub nub los yog ob lub limtiem. Yog has tas koj tug mivnyuas yuav tsum raug tso ntshaav ntxiv, puab maam le xaa ntawv los yog hu xuvtooj tuaj rua koj.

Yog has tas koj tau tshais chaw nyob tom qaab kws koj coj koj tug mivnyuas moog tso ntshaav, ncu ntsoov muab koj qhov chaw nyob tshab hab xuvtooj rua koj tug kws khumob.

Kuv Puas Muaj Cai Tsi Kaam Coj Kuv Tug Mivnyuas Moog Tso Ntshaav?

Koj muaj cai tsi kaam tau yog has tas tim dlaab qhuas los yog vim kev teevntuj lwm yaam. Tab sis yog koj tsi kaam, koj yuav tsum suam (xee) ib dlaib ntawv tseg has tas lub tsev khumob kws koj moog yug koj tug mivnyuas, koj tug kws khumob, hab cov tuabneeg ua dlejnum huv cov chaw nuav yuav tsi leeg paub yog ntev moog koj tug mivnyuas ho muaj teebmeem lawv le cov kaabmob kws tau has taag lug nuav.

Ntxuv Khu Yuav Paab Tiv Thaiiv

Tau Tej Kaabmob Phem

Cov kaabmob nuav muaj pee vxwm ua rua tuabneeg lub cev raug teebmeem nyaav. Tab sis yog ntxuv khu thaum nwg tseem yau yuav paab tau koj tug mivnyuas. Kev paab ntsuag ntshuav rua cov mivnyuav kws muaj cov kaabmob nuav yog nyob rua tom cov tsev khumob kws lub xeev California pum zoo lug paab cov mivnyuas kws hu ua California Children Services-approved hospital. Puab yuav paab ntsuag koj tug mivnyuas cov ntshaav pub dlawb rua koj.

• PKU (Phenylketonuria)

Cov mivnyuas kws yug lug es muaj PKU mas yuav muaj teebmeem yog has tas puab noj teh yaam khoom kws muaj (protein) xws le kws mig nyuj, leej nam cov mig, hab mig mog (formula), nqaj, qai, hab cheese. Cov mivnyuas nuav, yog tsi khu, puab yuav puag paaj hlwb.

• Galactosemia

Cov mivnyuas kws muaj yaam kaabmob nuav noj tsi tau cov mig kws muaj pemthaaj nyob rua huv; xws le kws mig mog (formula) hab mig nam, los yog lwm yaam khoom noj. Qhov nuav yuav ua rua puab ob lub qhov muag, lub sab (liver), hab cov paajhlwb tsi zoo. Kev caiv khoom noj yuav tiv thaiv tau cov kaabmob nuav.

• Hypothyroidism

Cov mivnyuas kws muaj yaam teebmeem nuav yog cov kua (thyroid hormone) kws ua kuam puab txawj luj hab ua kuam puab lub paajhlwb luj hlub hab hlaav zoo tsi txau. Yog tsi muaj cov kua nuav, puab yuav hlub qeeb heev hab tsi ntev moog yuav puag paajhlwb. Yog naj nub noj tshuaj, yuav tiv thaiv tau cov teebmeem nuav.

• Sickle Cell hab lwm yaam kaabmob kws

nyob rua huv cov ntshaav

Cov kaabmob nuav muaj nyob rua huv tug mivnyuas cov ntshaav lab. Cov mivnyuas nuav yuav muaj mob nyaav hab thaum raug tej yaam mob miv miv xwb los muaj pee v xwm ua rua puab tsi muaj txuj sa tau. Cov mivnyuas kws raug yaam kaabmob nuav yuav raug moog ntsib kws khumob taag puab lub neej.